

Special Event with Jerry Karzen
June 8th-9th-10th 2012
3-Day Advanced Feldenkrais Training
San Diego

Come and enjoy Jerry's masterful *Functional Integration* skills and superb *Awareness Through Movement* teaching.

Seminar Emphasis: *The Intentional Movement of the Student during FI*



“Moshe would frequently, especially in the late years of his FI/Hands On practice, have his students participate in all sorts of directed movements. There was no barrier between FI and ATM. We will follow the same blending process in this advanced training. Workshop participants will share ideas, hands on ‘techniques’ and verbal directions from our vast communal knowledge of ATM lessons to create FI lessons that will attempt to meet an individual needs, their level of acceptance, and what they will use from the lesson, at this particular moment in time. “Parts’ of ATM’s or ‘positions’ or theoretical considerations will be blended to create FI lessons.” ~ Jerry Karzen

**To Register: Contact Donna Ray at (760)436-9087
or email: Feldmoves@gmail.com**

- Limited to 20 participants - Please reserve your space early
- Held at Alta Vista Botanical Gardens
- Located in North County San Diego in the City of Vista (1 hour drive from Orange County) (2 Hours from LA)
- Early Registration: \$350.00 by May 1st, 2012
- Late Registration: \$400.00 after May 1st 2012

Friday 12:30-6:00 ~ Saturday 10:00-4:00 ~ Sunday 9:30-3:30



To hold your space, mail a \$50 non-refundable deposit to: Donna Ray, P.O. Box 1300, Cardiff, CA 92007

Jerry is a graduate of the 1977 San Francisco Training with Dr. Feldenkrais. Jerry studied with Dr. Feldenkrais at the Feldenkrais Institute in Tel-Aviv. When they lived together between 1976 and 1984, Jerry was Moshe Feldenkrais' personal traveling companion, secretary and close friend. He assisted in the editing of Dr. Feldenkrais' last two books and directed, or himself videotaped, 95% of all existing tapes of Dr. Feldenkrais' private Functional Integration® lessons. At the request of Dr. Feldenkrais, Jerry organized and administered his last training program and was the first Executive Director of the Feldenkrais Foundation. He has also served as President of the North American Feldenkrais Guild®.

"Jerry Karzen was an associate and companion to Moshe during his final teaching years. As a trainer, he is committed to teaching the Feldenkrais Method as he learned it from Moshe. He does so with humor, compassion and sincere concern for each student's learning process."

John Chester, M.D.